

Westbrook events

VOLUME 18 • QUARTER 2 • 2018



DELIVERING TOWN NEWS



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FROM LEFT

Chia-Chi Wang, D.O.

Middlesex Hospital
Cancer Surgeon

Kristen Zarfos, M.D.

Middlesex Hospital
Breast Surgeon

Andrea Malon, M.D.

Middlesex Hospital
Cancer Center Medical
Director, Breast/General
Surgeon

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Selectman's Corner

Summertime in Westbrook

The summer months in Westbrook are always greatly anticipated. The character of our community changes with the influx of many summer residents. There are numerous events and activities that are available to everyone including, in no priority, the following:

- The annual Muster is on August 25th. Westbrook's Muster is the second oldest in the country.
- The Firemen's Carnival is July 11 through July 14. This event attracts individuals on the Shoreline and families come to enjoy the rides, food and camaraderie.
- Park & Rec. sponsors concerts on Friday evenings on the Town Green beginning July 6th and running through August 24th.
- The Senior Center hosts a variety of weekly meals/picnics that are open to all interested individuals on Wednesdays at noon in our Municipal Mulvey Center.
- The marinas in Westbrook are a vital part of our economy and countless thousands of individuals moor their boats in the marinas.
- Our location on Long Island Sound and our public beaches are a major attraction. Westbrook residents may park at the West Beach entrance off of Seaside Avenue at no cost. Non-residents may purchase a pass at the gate for \$20 per day.
- Westbrook has many restaurants and eating establishments that attract thousands of individuals throughout the year to enjoy a variety of cuisines.

• Our Park & Rec. Department hosts, every year, a very comprehensive program for the youth in our community. These are just some of the major opportunities for everyone to enjoy in Westbrook.



Noel Bishop

There are, however, several challenges with the additional population and activities in the summer. There is increased traffic on all of our municipal roads, particularly Seaside Ave. and roads adjacent to Long Island Sound. Speeding is a major problem and while our Constables and State Police do an excellent job monitoring traffic, we have a collective responsibility to obey all traffic regulations to ensure the safety and well-being of residents. We have hired two additional part-time Constables to monitor traffic and we are fortunate that Troop F has a constant presence. Recently, in a meeting with the new Lieutenant of Troop F, he made it very clear that his staff continue to do all they can to monitor all safety and traffic issues for Westbrook.

The Public Works Department will be doing some additional paving of our streets during the months of July and August and there may be other work from our utility companies, including the installation of LED lights, that will require vigilance on the part of drivers and pedestrians.

continued on page 2

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Cover Photo
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FIRST SELECTMAN

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Westbrook has a very vibrant business community and you are encouraged to shop locally. They are tremendous partners and sponsor, especially during the summer months, special events.

I invite you to take the time to visit your municipal government

offices. We have a great staff and each of them can provide updated information on current and future plans and opportunities for Westbrook.

Finally, I extend my personal and best wishes for another enjoyable summer.

Save the Dates

June 9th	Family Day, Town Green, Rain Date June 10th
July 7th	Westbrook Council of Beaches - Stuff A Cruiser Food Drive - Town Green
July 11th-14th	Westbrook Fire Department Carnival
July 22nd	Day on the Green Historical Society
August 25th	Drum Corp Muster

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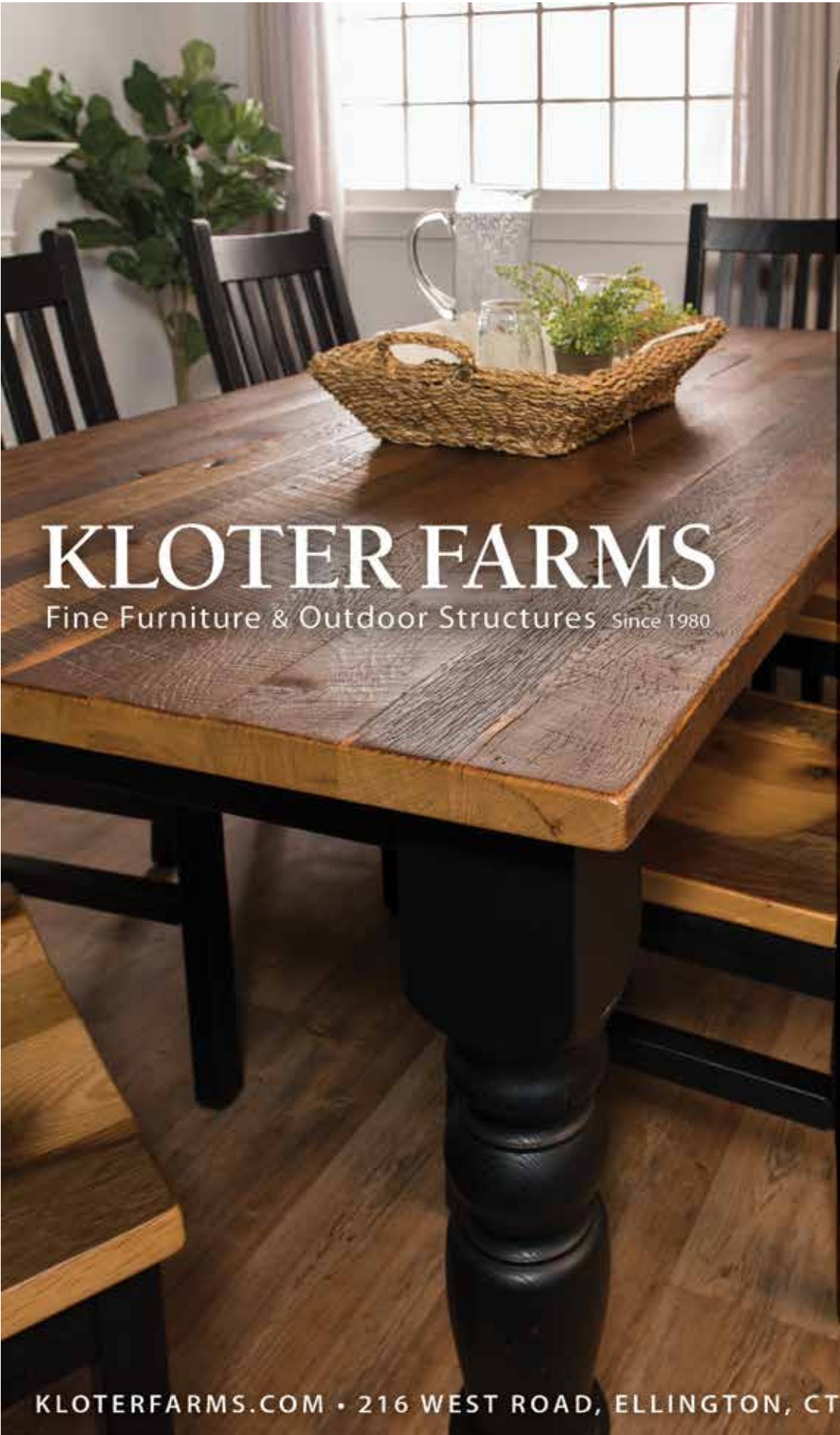
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Westbrook Recreation

Summer Concert Series 2018

6:00-8:00 pm, in July / 5:00-7:00 pm, in August / Friday Nights / Westbrook Town Green

July 6th	After Midnight	Classic Rock Party Band
July 13th	Trouble on the Playground	60s - 90s Music
July 20th	What It Is!	Rhythm & Blues, Jazz and Horns
July 27th	Tirebiter	CT's Rock & Roll Royalty
August 3rd	Jim ShepleyBand	60s & 70s Classic Rock
August 10th	Mass. Conn. Fusion	Motown, R&B & Funk
August 17th	Maestro's Men	Polka Days Are Here Again
August 24th	Penny Lane	Beatles Tribute Band
August 31st	The Future Heavies	New Wave & 80's Music

Each year we schedule many different bands to perform free concerts, every Friday night. These concerts provide a wonderful way for families, friends and relatives to come together and enjoy all the different varieties of music. We do our best to pick bands that will appeal to all generations and play different types of music. Please feel free to bring a pizza, dinner or a snack and enjoy this wholesome experience. Please do not bring alcohol or your pet. Don't forget to bring a blanket or a chair!

Sincerely Yours,
Westbrook Recreation Board

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Tax Collector's Office

The Westbook Tax office would like to remind you of several important issues.

July is just around the corner. Bills will be mailed at the end of June. You have the whole month of July to pay without penalty. Interest is accrued at 18% a year (1.5% a month) back to the original due date of July 1st. June is your only billing. Remember we do not rebill for the January payment.

If you can't make it into the office to pay you can always mail your payment in to 866 Boston Post Road, Westbrook or on-line at www.westbrookct.us. Credit cards are accepted with a fee of 2.5% for credit cards, \$3.95 for a visa debit card and \$2.00 for e-check.

Reminder - If you would like a receipt when paying your tax bill please bring your entire bill with you. If mailing please provide the entire bill and a self-addressed stamped envelope.

Traffic tickets - Please be advised that you only have 10 days from issuance of a traffic ticket to pay or the fine is doubled. Payment for traffic tickets can only be paid by cash or check and cannot be paid online.

CHECK YOUR CAR REGISTRATION. With the issues that DMV has been having some renewal registrations have not been received. Please check your registrations to make sure it has not expired. If your vehicle has an outdated registration please

go to the DMV to renew your registration immediately.

If you need a DMV clearance immediately the taxes must be paid in cash. If paying by check we will need to wait until the check clears. If paying by credit card we must wait twenty-four hours to make sure the payment is cleared.


If you should have any questions or concerns about your tax bills, please do not hesitate to contact the Tax Office at 860-399-3043.

Tax Collector
Kimberly Bratz, CCMC


Health Department

Warm weather is here and we all know what that means; beach days, hikes, bike rides, pools, drawing on asphalt with chalk, lemonade stands, and our not-so-favorites; Mosquitoes and Ticks! These pests are known to transmit West Nile Virus, Zika Virus, and Lyme Disease, just to name a few. Prevention from bites is the

best way to avoid these diseases, so follow these important steps: Use EPA-registered insect repellents, with one of these active ingredients: DEET, Picaridin, IR3535, oil of lemon eucalyptus, or 2-undecanone. Use products that contain permethrin on clothing. Treat clothing and gear, such as boots, pants, socks, and tents with



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Make your yard safe by removing stagnant water, leaf litter, clearing tall grasses and removing brush, mowing the lawn frequently, keep playground equipment away from yard edges and trees, discourage unwelcome animals (such as deer, raccoons, squirrels) from entering your yard by constructing fences, and remove old furniture or trash that may give ticks a place to hide.

Avoid traveling through wooded and brushy areas, but if necessary, wear long and bright clothes that cover any bare skin, as well as walk in the center of the trail if possible.

Conduct a full-body tick check upon returning from potential tick-infested areas. Thoroughly check areas such as under the arms, between the legs, in and around the ears, and in hair.

Bathe or shower as soon as possible after coming indoors to wash off and more easily find ticks that are crawling on you. Put clothes in the dryer on high heat for 10 minutes to kill ticks on clothing.

Check pets for ticks as soon as they come from outside. Ticks can be transported into a home by our pets.

A Message from your Town Clerk

TIME TO RENEW THOSE DOG LICENSES!

June 1st begins the renewal season for currently licensed dogs and it's also a great time to register your dog(s). The whole process is short and simple and reasonable. Bring in a copy of your dog's rabies vaccination and the cost for a license is \$8.00 if they are spayed/neutered and \$19.00 if they are not. This goes a long way in keeping our pets safe from other animals with rabies. It also helps to have your dog registered in the event they get lost or wander off. It's definitely cheaper than receiving a fine for an unregistered dog.

AND, EVERY LICENSE THAT IS RENEWED THROUGH THE END OF JUNE WILL BE ENTERED INTO A DRAWING TO WIN ONE OF THREE GIFT BASKETS FULL OF DOG TREATS, TOYS AND GOODIES TO THANK YOU FOR BEING A RESPONSIBLE PET OWNER.

Have a Safe and Happy Summer!
Joan

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Town Takes Over Streetlight Maintenance – Who to Call

Westbrook purchased 625 streetlights in Town in mid-April that are not contracted privately with Eversource, the first step in reducing streetlight costs by over \$70,000 per year. Those not the responsibility of the Town include fixtures in the two Jensen communities, those in Green Acres and in Pilots Point Beach Association, which are still maintained by Eversource. Town ownership of the existing streetlights immediately started our savings of some \$50,000 per year.

Westbrook has an agreement with Siemens Intelligent Traffic Systems for interim streetlight maintenance, and they are also providing maintenance services in Old Saybrook and Madison. Siemens was the successful bidder to replace the existing street light fixtures with LEDs, and will be maintaining the street lights both before and after the LEDs are retrofitted, with one exception: Intact streetlight on a utility pole damaged in a traffic accident or storm.

Eversource will move any undamaged streetlight fixture from a damaged utility pole to a replacement pole per directions previously supplied when the purchase took place. Call DPW at the number below or Eversource at 860-286-2000. Alternatively, enter the information on their website at: <https://www.eversource.com/clp/wms/createrequest.aspx?nl=slr>

Damaged streetlight on utility pole or decorative pole

Residents should contact Colleen Topitzer at Westbrook's Department of Public Works at (860)552-4496 or ctopitzer@westbrookct.us to report damaged or inoperative streetlights. DPW hours are 7:00 am to 3:30 pm Monday through Friday. Damaged wooden utility poles will be replaced by Eversource, but during the transition to LED fixtures, the Town plans to have Siemens only replace critical streetlight fixtures on main thoroughfares for safety purposes.

Residents who call Eversource about Town-owned fixtures will be re-directed to call DPW. Emergency repairs (such as damage to a fixture on a utility pole on a State Route intersection) should be brought to the attention of the Town's Police Services who will contact DPW or Siemens, the contractor.

The contractor repairs street light fixtures during daylight hours, so provide a pole number to DPW, which is very helpful to ensure Siemens identifies and visits the correct location. A street address is not sufficient if there are multiple streetlights near the property and the streetlights are not on during the day. If a pole is missing its number, identifying pole numbers to either side or an adjacent landmark will also be helpful.

Streetlight out at night or stays on during the day.

Streetlights are controlled by photocells on top of the fixture,

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and if the photocell fails, the streetlight remains on during the day. These type of incidents are non-emergency and should be called into Colleen Topitzer at the Department of Public Works.

After LEDs are installed and authorization from the Town is provided, Siemens will typically address the issue within a month. However, unless they are required on main thoroughfares for safety purposes, we will not be replacing any non-functioning former Eversource streetlights during the transition phase between the April purchase and replacement with LEDs, planned for later this summer. Once LED fixtures are installed, the contractor will repair or replace a fixture if required.

In the interim, once the contractor receives fixtures it ordered, three sample LED fixtures will be installed in June on utility poles on Seaside Avenue near the Town Beach and three on decorative poles for resident feedback. Those will be installed on Fairview Road, Halls Road and Flat Rock Place. See also the "Frequently Asked Questions," which will be posted on the Energy Committee's website, accessible through the link on the Town's website.

Once the sample fixtures are installed in June, a survey will be posted online on the Energy Committee's website for resident feedback.

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- | | |
|--------------------------------|--------------------------------------|
| Session 1: June 18 - 22 | Session 6: July 23 - 27 |
| Session 2: June 25 - 29 | Session 7: July 30 - August 3 |
| Session 3: July 2 - 6* | Session 8: August 6 - 10 |
| Session 4: July 9 - 13 | Session 9: August 13 - 17 |
| Session 5: July 16 - 20 | Session 10: August 20 - 24 |

Middlesex Hospital Strengthens Breast Program

With the addition of nationally recognized breast surgeon Kristen Zarfos, Middlesex Hospital is investing in its breast program and enhancing the services it offers.

Dr. Zarfos joins Dr. Andrea Malon, medical director of the Middlesex Hospital Cancer Center, and Dr. Chia-Chi Wang, a surgical oncologist, as surgeons who treat women who have breast cancer. Together, the trio - with years of surgery experience between them - provide compassionate, individualized care, and they aim to strengthen an already robust breast program.

All three surgeons are part of the Middlesex Hospital Surgical Alliance, and their goal is to coordinate care in a way that helps patients better navigate cancer diagnoses and treatments - in a way that eases fears and makes the process a little easier.

Dr. Zarfos is no stranger to Middlesex Hospital. Her first job after residency was at Middlesex, where she worked from 1987 to 1999. During that time, she became a leader in the national fight to force health insurers to cover hospital stays for mastectomy patients, and she remains a passionate advocate for women's health issues.

Since early detection is key when it comes to all types of cancer, detection technology is at the forefront of Middlesex Hospital's breast program. The hospital offers 3D mammography machines at all of its radiology locations. These 3D machines detect 40 percent more invasive cancers than 2D machines, which are no longer used by the hospital. Middlesex also offers dual-head molecular breast imaging, which uses a radioactive tracer to better detect breast cancer cells in women with dense breast tissue.

In addition, services like genetic counseling are available to Middlesex patients, and caring nurse navigators at Middlesex Hospital Cancer Center help patients throughout their experience. The Cancer Center has locations in Middletown and Westbrook.

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The Building Department

Welcome to the Building Department
David W Maiden, Building Official

Spring is finally here and we all want to be outdoors and to get our long awaited construction projects started. The Building Department will be happy to assist our residents in getting through the permitting process. If you have questions as to whether a permit is required or not, please don't hesitate to contact my office (860)-399-2035 or through email at dmaiden@westbrookct.us (email will get the fastest response since I receive emails on my phone throughout the day).

Since this is the season some of us are considering installing a private swimming pool I want to use this article to address the requirements and safeguards mandated by the State Building Code and the CT General Statutes. The safety of our children has empowered the State and International Building Code committees to expand on the safeguards required for all private swimming pools. The theory of providing an approved barrier or fence is simple; however, the construction of a code compliant barrier with proper gates and automatic failsafe latching is a complex task.

Are any pools exempt from requiring a building permit?

Yes, a prefabricated pool that is less than 24". All other pools require a Zoning, Health Department and possibly an Inland Wetlands approval. All non-exempt pools (24" deep or greater) require a building permit and possibly an electrical permit. All pools must be protected by a 48" high fence or barrier with a self-closing, self-latching gate at the point of entry.

Can the wall of the above ground pool serve as the required barrier?

Yes, if the wall of the pool is 48" above the grade surrounding the pool. If the pool is less than 48" above grade, an approved 48" high barrier is required to enclose the entire pool. Please note that the inflatable pools, which have become popular over the last few years, range in depth from 24" to 48" with many of them being 36" deep. A 36" pool will require a 48" high fence with a self-closing self-latching gate.

If my pool is 48" high and I have a removal ladder do I still need a self-closing self-latch gate?

Yes, the point of entry into the pool must be protected by a 48" enclosure with a self-closing self-latching gate. A removal ladder is not a substitute for the required enclosure.

Is a pool alarm required for an above ground and an in-ground pool?

Yes, both require a pool alarm which will emit a sound of at least 50 decibels when a person or object weighing 15 pounds or more enters the water. This alarm must be onsite and ready to install before water is placed in the pool.

continued on page 12



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BUILDING DEPARTMENT

continued from page 11

In-ground pools have additional requirements which will be covered during your application review process. All pools must receive a certificate of approval from the

Building Official prior to anyone being allowed to use the pool. Please don't hesitate to contact this office if you would like to discuss these requirements. Many above

ground pool retailers offer a prefabricated ladder and self-closing gate assembly which may be a better option than trying to build your own.

Westbrook Senior Center

Summer is here!

Our annual cookouts will begin on May 23rd. Then they are held on the first and third Wednesday of every month through August!

Are you recently retired and looking for a good time?

The Westbrook Senior Center is the place to be!

Volunteer Opportunities available

Tai Chi & Yoga exercise classes! Crafts, games, puzzles, card games, socialization! Line dancing, entertainment & billiards!

The goal of the Westbrook Senior Center is to improve the quality of life for the senior citizens of Westbrook and our neighboring

shoreline towns. The senior center welcomes citizens 60 years of age or older to participate in our many daily activities directed by staff and volunteers. The goal of these programs is to promote the physical and mental well-being of our senior community.

To see our scheduled calendar of events and upcoming special events, please come down to the center Monday-Friday or visit us on the town website www.westbrookct.us. We look forward to seeing you.

Courtney Burks
Director

Shoreline Soup Kitchens & Pantries Meal Site

The First Congregational Church hosts a Shoreline Soup Kitchens and Pantries Meal Site every Friday evening from 6:00 – 7:00 pm. Join us at 1166 Boston Post Road, Westbrook as often as you like for a hot, homemade meal. (860) 399-9367

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It takes a community to improve the quality of life for all – neighbors and friends who generously give their time and resources to support a passion or area of interest. Thanks to you, we are able to make even the smallest gift have a big impact - through charitable funds that support animal welfare, the arts, human services, education, the environment, heritage enhancements, and so much more.

Together we are able to make a real difference in the lives of so many. Consider the support provided by the Ann and George Petry Fund to give young people access to creative arts programs which enable them to share their talents while addressing issues important to their community. Or the Loffredo Performing Arts Fund which supports local thespians as they share the beauty and joy of live musical productions with neighbors and friends.

We celebrate all of you who share the same desire to work in partnership to help our local community thrive today, and tomorrow. We invite you to learn more by calling us at 860-347-0025 or visiting us online at MiddlesexCountyCF.org.

Westbrook Public Library

Summer Activities at Westbrook Public Library

There is a lot going on at the library this summer. Unless stated otherwise, all programs are free, open to all, and require no pre-registration.

Thursday, June 21 at 6:30 pm. Animal Embassy will present a live animal show featuring rain forest animals.

Beach Story Hours for preschoolers begin Wednesday, July 11 and continue every Wednesday in July at 10 am at the Town Beach (weather permitting- at the library in case of rain).

Saturday, July 28 at 10 am, Denison Pequotsepos Nature Center presents "Life in a Rockwall" featuring the animals that make their home among the rocks like centipedes, salamanders, snakes, and spiders.

Tuesday, August 7 at 6:30 pm, Vermont Puppet Tree presents "Caps For Sale" an entertaining puppet show featuring a range of puppetry styles and world music. Saturday, August 11 at 10 am, Denison Pequotsepos Nature Center returns with an introduction to geology with rock samples to examine and study.

Every Friday in July and August is a Tween & Teen Day at 2 pm in the community room with snap circuit building kits for assembling projects with electrical and electronic circuits.

The Nutmeg Book Club will meet on the following Thursday evenings at 6:30 pm this summer to discuss some of this year's Nutmeg Book Award nominees. Registration required- call 860 399-6422 or e-mail westbrook.public.lib@snet.net.

July 12- *Fuzzy Mud* by Louis Sachar (grades 4-6)

July 19- Elementary Nutmeg books- any title (grades 2-3)

July 26- *A Handful of Stars* by Cynthia Lord (grades 4-6)

August 2- *The Hero Two Doors Down* by Sharon Robinson (grades 4-6)

August 9- Elementary Nutmeg books- any title (grades 2-3)

August 16- *Seven Dead Pirates* by Linda Bailey (grades 4-6)

Teen & Up Events on the following Tuesday evenings at 6 pm. Registration required- call 860 399-6422 or e-mail westbrook.public.lib@snet.net.

July 10- To Be Read with Kathy Sharp. Discuss upcoming teen titles. Some free copies.

July 24- Jewelry Jam with Kim Larkin. Learn to make unique jewelry.

July 31- Arm Knitting with Colleen Bell.

Create your own scarf in an hour.

August 14- Pasta Creations with Colleen Bell.

Make homemade pasta.

The Friends of the Westbrook Public Library sponsor all of the Library summer programs.



Thomas Brady, DMD is happy to announce that John Johnson, DDS and Daniel Nasser, DMD have joined his practice.

Together, they are looking forward to serving existing and new patients of all ages.

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Westbrook Emergency Notifications



Vestbrook Emergency Management has the capabilities of notifying our residents and businesses of an emergency within the town. The system is called CT ALERT, used by many municipalities in Connecticut. Types of notifications include severe weather, transportation hazards that include major road closures and/or evacuation, health emergency, law enforcement actions pertaining to public safety and any other reason deemed necessary to notify the public regarding their well being and safety.

Residents and businesses with a home based telephone are already 'opted in' to the system. You do not need to register. However the system allows you to add your cell phone, smart phone, iPad or other electronic devices with receiving a phone call, text and/or email within minutes of a broadcast. For this option, you need to 'opt in.'

Emergency Management is urging all residents to set up a profile on the system. The process is easy and only takes a few minutes.

Sign up at www.ctalert.gov as this is a safe, secure website. All information is held secure, confidential and never shared with telemarketing or similar groups.

The system adds extra value to the user as it allows you to implement different addresses for potential notification within Connecticut. You can add your work address, loved one in another town or a day care address for children as examples. When Emergency Management broadcasts a notification we will provide additional, detailed information on the Emergency Management website www.westbrookem.com, Facebook and Twitter pages. If you already registered, please go back to the site to ensure your information is correct.

"We can't alert you if we can't reach you"

Donald Izzo
Emergency Management Director

Water Pollution Control Commission

What You Need To Know About Disposing Of Wastewater From A Water Softener Or Other Water Treatment Device

If your water supply is from a private well you may have a water softener or other type of device to treat your water. If so, there are regulations in effect that prevent the discharge of this wastewater to the ground surface, wetlands or any open watercourses. Beginning on January 1, 2018, the Commissioner of Energy and Environmental Protection delegated to the Commissioner of the Department of Public Health the authority to issue permits,

approvals or orders to ensure compliance for all discharges of water treatment wastewater (WTW) from residential, commercial or institutional buildings. Therefore, an application from the local health department is now necessary to be permitted to discharge this wastewater. In recent months the health department has received a number of applications from homeowners needing to comply with these regulations, due to real estate transactions.

Here are a few things you need to know. Fill out a B100a application in the land use office of the Westbrook Town Hall.

How to Reach Your Elected Officials

STATE
Governor Dannel P. Malloy
State Capitol Building, Room 200
Hartford, CT 06106
(860) 566-4840 – (800)406-1527
Fax (860)524-7396
Governor.Malloy@po.state.ct.us

LT Governor Nancy Wyman
State Capitol Building, Room 304
Hartford, CT 06106
860-524-7384, Fax (860) 524-7304
ltgovernor.wyman@ct.gov

Secretary of the State
Denise Merrill
30 Trinity Street, Hartford, CT 06106
(860) 509-6000 Fax (860) 509-6209
<http://www.sots.state.ct.us/>

State Treasurer
Denise Nappier
55 Elm Street, Hartford, CT 06106
(800) 618-3404 Fax (860)-702-3043
<http://www.state.ct.us/ott/>

Attorney General
George Jepsen
55 Elm Street, Hartford, CT 06106
(860)808-5318 Fax (860) 808-5387
<http://www.cslib.org/attygen/>

Rep. 23rd District
Devin Carney
CT House Republican Office,
L.O.B. Room 4200, Hartford, CT 06106
860-240-8700, 800-842-1423
devin.carney@housegop.ct.gov

Senator 33rd District
Art Linares
Legislative Office Building, Room 2705
300 Capitol Avenue, Hartford, CT 06106
(860) 240-8800, 800-842-1421
Art.Linares@cga.ct.gov

Rep. 35th District
Jesse Maclachlan
CT House Republican Office
L.O.B. Room 4200, Hartford, CT 06106
860-240-8700, 800-842-1423
jesse.maclachlan@housegop.ct.gov

FEDERAL
Senator Richard Blumenthal
90 State House Square 10th Floor
Hartford, CT 06103
(860) 258-6940 Fax (860) 258-6958
706 Hart Senate Office
Washington, DC 20510
(202) 224-2823, Fax (202)224-9673
www.blumenthal.senate.gov

Senator Chris Murphy
One Constitution Plaza, 7th Floor
Hartford, CT 06103
(860) 549-8463 Fax (860) 524-5091
303 Hart Senate Office Building
Washington, DC 20510
(202) 224-4041 Fax (202) 224-9750

Congressman Joe Courtney
55 Main Street, Suite 250
Norwich, CT 06360
(860) 886-0139
2348 Rayburn HOB
Washington, DC 20515
(202) 225-2076, Fax (202) 225-4977
www.courtney.house.gov

The application must include the make model, discharge frequency and volume of the water treatment device. There are different means of disposal depending on the type of treatment system. The only WTW that may be disposed of to a subsurface sewage disposal system is from a calcite filter, granular activated carbon filter, or point of use reverse osmosis unit. There are certain criteria that the existing subsurface septic system must meet in order to accept this waste. Therefore, it is important that a review is done by the health department.

Water softeners and other treatment systems require a dedicated subsurface settling or filtration structure for disposal of the wastewater. These structures will require a plan review by the Health Department. The homeowner or contractor may install the system, but the Westbrook Health Department will need to review the plans and inspect the installation of the system. In addition to the application, a scaled drawing of the property showing existing structures, such as buildings, septic system, wells, property lines, water courses and the proposed location of the WTW disposal system is needed. If there is no soil testing information on file, soil testing will be required. Following inspection and installation of the WTW system an as-built drawing will need to be submitted to the Health Department and a Permit to Discharge will be issued.

The staff in the land use office of the Town Hall would be happy assist homeowners with the application process and answer any questions regarding WTW systems.

Westbrook Visiting Nurses

What's New from the Nurses' Corner...

In December, the agency started using a new electronic health record (EHR) called DeVero, which provides improved communication with our patients and is therefore more efficient and accurate with data collection. We strongly feel that our new system allows us to provide a higher level of care to all our patients.

As you know, CMS is issuing new Medicare cards with new Medicare numbers to protect people with Medicare from fraudulent use of Social Security Numbers (SSN) which can lead to identity theft and illegal use of Medicare benefits. CMS began the mailing process of new Medicare cards as of April, 2018. For us in Connecticut, cards will be mailed after June, 2018. We do want to ALERT all Medicare patients that SCAMMERS are using the rollout of the new Medicare cards to try to get protected information from Medicare beneficiaries. In this regard, please be aware that MEDICARE DOES NOT CALL ANYONE and should you receive a call, it is a SCAM. To learn more information go to www.medicare.gov.

Carol Mullaney, RN, BSN
Administrator



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Pat Reed - 860-395-7412 / Frank Purdue - 860-575-2351

Sarah Marcinek - 860-227-1592 / Paul Philpot 203-444-3903

Ashley Chapman - 860-575-7923 / Lorel Chapman - 860-399-7202

Deb Thomas 203-314-7773



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Westbrook Historical Society

Spring/Summer at the Westbrook Historical Society

Lower Cemetery Gravestone Repairs - At the end of 2017, the Historical Society had identified the most critical gravestones in need of repair at the Lower Cemetery. The Town Highway Department's annual cemetery maintenance budget paid for nine repairs. They included: Cynthia Wilcox, Henry Platt, Sherwood Dibble, Eliza Dibble, Sarah Gladwin, Mary Ann Post, Charles Jones, Richard Chapman, and Hannah Jones. The Historical Society sent out a call to raise funds for three additional repairs to: Russel Kelsey, Eliza Hough Clark, and Deborah K. Phelps. These funds came from the generosity of eleven private donors, the Pukwana Club, and the Westbrook Foundation. We thank Martin Johnson for his expertise and fine work. Please plan to visit to see these markers standing tall once again at the Lower Cemetery on South Main Street.

July 22, 2018 - 38th Annual Day on the Green Craft Fair - 10:00 am to 3:00 pm. Spaces for crafters are quickly filling. Please send in your application soon! At this time, crafts include: jewelry, folk art, homemade soaps, games, picture boxes, needlecraft, nautical themes, pottery, candles, woodcraft, and more. There will be a bake sale fundraiser and Art's Food Truck.

Water Tower - A little bit more information - Our early Assessor records show that the Guildford-Chester Water Company purchased a lot from Lawrence C. Walsh on November 28, 1932. However, early Town Annual Reports show that water rental costs to the town were low in 1925 and increased greatly in 1926. Hoping a return call from the Water Company will produce an exact date to determine when the tower was built.

Westbrook Stories: Tales of Land & Sea Museum and Research Center open Wednesday's, 9 - noon. Visit us on Facebook, Westbrook Historical Society.

Catherine Neidlinger Doane, President
Westbrook Historical Society, Inc.



Westbrook's Water Tower, Beacon for Boaters, 1930's



Russel Kelsey, Raised Up Out of the Moss

Westbrook Social Services

Renters Rebate Program

The Town of Westbrook is accepting applications for the State of Connecticut's Renter's Tax Relief (Renters' Rebate) Program. The Renters' Rebate Program runs from April 1, 2018 to September 30, 2018.

The program provides a one-time yearly reimbursement for Connecticut renters based on income, rent and utilities that were paid from the previous year (2017). The program is available to residents age 65 or older as of December 31, 2017, or residents at least age 18 by December 31, 2017 who have been found by a government agency to be permanently and totally

disabled. Income must be no more than \$35,300 for single individuals or \$43,000 for married couples. Persons renting an apartment or room, or living in cooperative housing or a mobile home may be eligible for this program.

For information or to schedule an appointment, please call the Westbrook Social Services Department at 860-399-3090.

For those in need of food resources...

Westbrook - Shoreline Soup Kitchen and Pantry - St. Mark's Roman Catholic Church, 222 McVeagh Road / Tuesday 1:30 pm - 2:30 pm.

Additional Food Access:

Clinton - CT Food Bank Truck

48 B East Main Street (Route 1), behind Town Hall Annex / First Monday of the month.

www.shorelinesoupkitchens.org/get-help/directions at 12:00 - 1:00 pm.

Old Saybrook Grace Church

336 Main Street, Grace Church, / Fourth Thursday of the month at 1:30-2:30 pm.

www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/

MacLachlan and Carney Budget Compromise Update

We have spent the entire shortened session debating a wide variety of bills, and while that's an important aspect of our roles as state representatives, we owe it to the people we serve to put forth a comprehensive budget plan that truly works toward moving the state of Connecticut forward. We believe this compromised budget proposal begins to do just that.

This budget proposal provides \$16 million in additional funding for the Retired Teachers' Health Care Fund, fully restores funding for the Medicare Savings Program to 211 percent, maintains Educational Cost Sharing funding and municipal aid for 2019, and sets aside \$2 million to the Department of Veterans Affairs.

There are some provisions for long-term structural changes, such as allowing for volunteerism at the local level to ease burdens on towns and cities, and hiring a consultant to come up with \$500 million in savings for Connecticut.

"Our communities in Clinton, Killingworth, and Westbrook are depending on a robust special transportation fund and this budget delivers that," Rep. MacLachlan said. "We needed to fix the Medicare Savings Program for our most needy residents and we did that."

"This budget is a product of everything I've been hearing from constituents in my district. For seniors, this budget protects and restores the Medicare Savings Program. For commuters and those dependent on public transit, this budget preserves 9-Town Transit and Shore Line East. For retired teachers, we added funds to responsibly fund their promised healthcare. We were able to do this in a bipartisan fashion and without raising taxes. It was a good budget for the district and the state. I was proud to support it," said Rep. Carney.

There is also a hiring freeze on new state employees saving the state \$7 million. Vo-Ag Students will receive an additional \$12.5 million in support, set aside \$5 million for emergency placement for Department of Developmental Services, and provides almost \$30 million more to the Special Transportation Fund. The budget proposal prevents Governor Malloy's increases to bus and train fares that were expected to take place on July 1st.

This compromise prevents the governor from running the state via executive order and subjecting municipalities to severe cuts that would have come as a result. Once adopted, the budget would take effect on July 1.

The 2018 legislative session, which is referred to as a short session began on February 7, and its primary focus was to deal with all issues tied to the state. The 2018 legislative session came to a close at midnight on May 9, 2018.

WESTBROOK Community Listings

IMPORTANT TOWN HALL NUMBERS

Accounts Payable	(860) 399-3008
Animal Control Officer	(860) 790-1075
Assessor	(860) 399-3016
Assessor Clerk	(860) 399-3045
Building Official	(860) 399-2035
Emergency Management	(860) 577-0622
Emergency Management website	www.westbrookem.com
Environmental Health	(860) 399-3018
Finance Director	(860) 399-3004
Finance Director / Assistant	(860)399-1235
Fire Department / Business calls	(860) 399-9492
Fire Marshal Office / Business calls	(860) 552-4496
Harbor Master	(860) 399-2477
Health Director	(860) 399-9869
Inland Wetland Enforcement	(860) 399-3017
Transfer Station	(860) 399-6356
Land Use - Planning/Zoning/IWWC Admin. Asst	(860) 399-3091
Land Use - Building/Health Dept. Admin. Asst	(860) 399-0339
Probate Court	(860) 510-5028
Recreation	(860) 399-3095
Registrar of Voters	(860) 399-3042
Selectman's Office	(860) 399-3040
Senior Center Director	(860) 399-3048
Social Services	(860) 399-3090
Tax Collector	(860) 399-3043
Town Clerk	(860) 399-3044
Town Garage	(860) 552-4496
Town Planner	(860) 399-3201
Town Web site	www.westbrookct.us
Treasurer	(860) 399-3040
Westbrook Senior Center	(860) 399-2029
Zoning Enforcement	(860) 399-3041

SCHOOLS

Daisy Ingraham Elementary School	(860) 399-7025
Junior-Senior High School	(860) 399-6214
Middle School	(860) 399-2010
Superintendent of Schools	(860) 399-6432

HOME HEALTH CARE

Visiting Nurses of Westbrook	(860) 399-3088
Ambulance & Oxygen Business Calls	(860) 399-7000

POLICE DEPARTMENT

Resident Trooper	(860) 399-7304
State Trooper	(860) 399-2100

LIBRARY

Westbrook Public Library	(860) 399-6422
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USEFUL NUMBERS

9 Town Transit	(860) 510-0429
Community Foundation of Middlesex County	(860) 347-0025
First Congregational Church of Westbrook	(860) 399-9367
Garden Club	westbrookgardenclub@yahoo.com
Historical Society	(860) 399-7473
Westbrook Youth & Family Services	(860) 399-9239
St. Mark's	(860) 399-9207
St. Paul's Episcopal Church	(860) 399-5402

Westbrook Board of Education

In the best collaborative spirit, the Town of Westbrook, the Board of Education (BOE), the Business Community and both the public and private service sectors have partnered to create an innovative approach to graduating Westbrook students with real world career exposure while impacting Westbrook residents who have fallen into Westbrook's high Asset Limited Income Constrained and Employed (ALICE) statistics. Consider the depth of this potential innovative solution to economic struggle that this partnership has created.

In March 2017, Westbrook's Shoreline Basic Needs Task Force established an Economic Action Team to review the causality behind the high level of ALICE population in Middlesex County. Their goal was to develop information and resources focused on employment and business opportunities that would benefit our ALICE residents. Simultaneously, the school district has been working toward positioning itself to develop a School – to – Career (STC) certified position on the high school staff to provide greater opportunities for students who will graduate into the

Science, Technology, Engineering and Math (STEM) driven world of work. Planning to open that position in school year 2020 – 21, the superintendent of schools met with the Economic Action Team during the roundtable forums they hosted where business, nonprofit, and government leaders have come together to grapple with this issue. A major focus of the discussions resulting in the identification of action goals was to launch an effort to position the education system to graduate students who would have more definitive exposure to the world of work on which they might develop more realistic and attainable career aspirations and in so doing assure their ability to grow beyond the ALICE limitations.

As the Board of Education was on a trajectory to add the coordination expertise to the high school staffing in 2020-21, the aforementioned collaborative of leaders saw the BOE's decision as incentive to rally the roundtable community into an effort to fast-track the addition of that expertise for the 2018-19 school year and to raise

the funds necessary to begin developing the shared information and referral services as well as the resources to support students growth and current residents who have become ALICE statistics.

Members of the Economic Action Team, the superintendent and central office staff as well as the high school principal met to generate a grant application submission to the Westbrook Foundation for some of the funding for the STC Coordinator. At time of this writing, the Westbrook Foundation had not yet deliberated on the submission. Team members also have been working to approach the business community for funding support and at time of this writing had collected \$60,000+ of commitments over the next two years. And the BOE put its own skin in the game, identifying from its current and next two budgets a percentage of the cost as well. The benefits of this truly inspiring collaboration promise to improve the future job and career prospects for both students and residents in need.

Westbrook Land Conservation Trust

The Westbrook Land Conservation Trust (WLCT) is a 501 (C) (3) non-profit corporation which owns land and conservation rights in Westbrook. It owns 30 parcels totaling just under 140 acres as well as the conservation rights to an additional 51 acres. Founded in 1968, we celebrate our 50th anniversary this year.

The functions of the preserved open space are many: recreation and hiking trails, wildlife and aquifer protection. These benefits accrue to us all. While Town, State and Federal open space totals a greater number of acres WLCT is very important. In fact, all the private and public wells in Westbrook benefit from the open space in Westbrook.

Activities of the Land Trust include an annual meeting with a speaker of interest, fall and spring clean ups as well as an open house with an engaging presentation. These gatherings allow members to meet, and understand what the organization is involved in and participate in the care of the land. Future goals include management plans for each parcel, active care and targeted acquisition of additional land and easement rights.

The operating budget of the trust is modest and majority membership supported. The success of our land trust depends upon an active membership, not only for financial support, but also to better understand and meet local needs for conserving and enjoying open space in Westbrook.

Please consider joining the land trust. In addition there are plenty of opportunities for more involvement including helping with the newsletter, stewarding our parcels, and becoming an active board member. As a member, you will receive our newsletter, be invited to our special events including hikes and programs with speakers, and get updates on important environmental issues such as Preserving Plum Island and land use in Westbrook.

Write or email us at:
Westbrook Land Conservation Trust
WestbrookLCT@yahoo.com
PO Box 1124
Westbrook, CT 06498

APPETITE FOR LIFE



There is an easy and delicious way to support cancer patients in our community this June. Dine at a participating restaurant on its designated date and the restaurant will donate a percentage of your tab directly to Middlesex Hospital Cancer Center. Appetite for Life is in its ninth year and brings together restaurants and other food retailers, including ice cream and gourmet food shops and pet food stores, to support cancer patients during the month of June. Choose from dozens of restaurants throughout Middlesex County – from Old Saybrook to Middletown.

This year, The Essex in Centerbrook will host a special event on Wednesday, June 6 from 4 pm to 6 pm featuring samples from its seasonal menu. The party includes live music, beer, wine and spirit tastings and raffle prizes. Tickets are \$20 each, 100 percent of which directly supports patients at Middlesex Hospital Cancer Center at its locations in Middletown and Westbrook.

“We are grateful to the dozens of restaurants participating in Appetite for Life, which benefits the Middlesex Hospital Cancer Center and our patients,” says Sarah Moore, director of development at Middlesex Hospital. “All proceeds support local cancer patient care and support services. Please join us, and eat out for a good cause!”

Since 2010, Appetite for Life has raised more than \$145,000 for cancer patient support services at Middlesex Hospital Cancer Center. These services include nurse navigation, social work, clinical trials, integrative medicine therapy and more.

To learn more about Appetite for Life, to purchase party tickets and to see a complete list of participating restaurants, visit middlesexhospital.org/appetiteforlife or call 860-358-6200.

What You Need to Know About Cataracts

There are different types of cataracts, but the most common cataract is age related. Some patients will see halos around lights, suffer from glare at night or in bright sun, or other visual disturbances. This is natural progressing eye condition. In fact, cataract surgery is the most common surgical procedure performed world-wide! The internet makes it very easy to find information about cataracts; however it is difficult to differentiate the fiction from the facts.

What exactly is a cataract? As we get older, the natural lens inside our eye becomes cloudy causing blurred vision, which cannot be corrected by glasses.

Who is at risk? Risk factors include: age, family history of cataracts, diabetes, eye injury, smoking, radiation treatments,

and exposure to UV rays.

Are cataracts preventable? Some ways to slow progression of cataracts are to eat healthy, get a complete eye exam yearly, and wear sunglasses with 100% UVA & UVB protection.

How can I treat cataracts? There are a few ways to treat cataracts, including the latest advancements in eye care technology to our region and the implantation of premium lenses during cataract surgery. Using the LensX laser, surgeons have the ability to customize the procedure to achieve the best visual outcomes.

Middlesex Eye Physicians

Beat Parkinson's

There are presently 12 Beat Parkinson's classes per week in 4 locations in CT with almost 50 Parkinson's clients participating. For more information: email at info@beatpdtoday.com, or see our website www.beatpdtoday.com.

Westbrook Recreation

Westbrook is the best place to be during the summer months! Our Recreation Department has specialty camps and programs for everyone. Field Hockey, soccer, baseball, basketball, tennis and theatre camps are available to every child. We do programs for Westbrook children and for nonresidents from all over the shoreline. This summer we have two new programs that will be run by our high school coaches. We have baseball and basketball clinics that will run Monday thru Friday from 9:00 am until 12:00 noon. Check it out online at westbrookrec.com.

It's time to sign-up for our Summer Day or Teen Camp programs. Summer Camp officially starts on July 2nd. We provide inexpensive, safe and quality childcare for children between the ages of 5 to 14 years old. Arts & crafts, sports, field trips, beach day and many other activities are all part of the day camp experience. Your child will make new friends, learn new games and visit interesting places. Make this summer a special one for your child and sign-up now!

Week at the Beach will be August 13th - August 17th. It's a perfect way to finish the summer and go out with a week full of fun! Each day, parents will drop off and pick up their children right here at

the Westbrook Town Beach. Drop-off will be at the Westbrook Town Hall, if it rains on any of these days. Please remember that there are two field trips during this week and that each camp has assigned days!

The weeks before and after summer camp have always been difficult for finding dependable childcare. Hangout Week 1# will be June 25th – 29rd, at the Westbrook Library. Hangout Week 2# will be held August 20st – 24th, also at the Westbrook Library. Both these Hangout Weeks have no field trips but are still great ways for children to have fun before school starts. Access to library books and other materials will be available so children can catch up on summer reading. Hours during this week are limited to 8:00- 4:00 pm, due to staff availability.

The Westbrook Recreation Board hopes that all of our residents have a happy, safe and fun summer. Everyone can now register online at westbrookrec.com. If you are not a Westbrook residents and want to receive our brochure, please call us at 860-399-3095. Nonresidents are always welcome to join us. Find out why people everywhere are saying: "Westbrook Recreation has programs for everyone and the benefits are endless!"

2018 Paper Shredding

Selected Saturdays from 9 am to 12 pm
Essex HHW Facility / Rte. 9, Exit 4, Dump Road, Essex
June 30th and September 15th

7th Annual Run for Chris with the "Y" on June 23rd in Essex

Join us for a great Family-Fun Event!

Proceeds from the Run for Chris with the Y 5K supports the Chris Belfoure Memorial Fund at Community Foundation of Middlesex County. The run honors the memory and vision of Chris Belfoure, a 2005 graduate of Valley Regional High School. Influenced by his own life-altering experiences traveling and living abroad, Chris was passionate about encouraging others to broaden their own horizons - the fund benefits foreign language study abroad programs at local area high schools.

To date 189 local high school students have

benefited from the Fund (with a total of \$13,679 in grants) traveling to such places as Costa Rica, France and Spain. In April, 2018, students from VRHS will go to Spain for their exchange program, supported by a \$3,000 grant. This year Westbrook High School students will also benefit from the Fund, traveling to Marseille, France, with the aid of a \$1534 grant. Both grants are made possible by proceeds from the run and from our sponsors.

Of note, a runner from the 169 Towns Society has chosen the Run for Chris with the Y as her 169th town in which to run. This group's mission statement is,

"Do Every Blessed Town In Connecticut (DEBTiConn)." This Society of runners has been formed by men and women who aspire racing in every town in the state of Connecticut. "

Race information and registration at www.chrisbel4mf.com. Note: until June 8 ages 14 and under free, group rate discounts (online only). Awards include under 20 age group awards (<10, 10-14, 15-19).

Friends of Chris Belfoure Memorial Fund @CFMC.

Westbrook Garden Club Celebrating 60 Years

The Westbrook Garden Club is open to welcoming new members who are enthusiastic and interested in gardening, willing to invest some time into town beautification, and looking to make new friends.



This year, we are so excited to be celebrating our 60th anniversary because we are planning a meadow garden for the Salt Island Overlook. This trail is located on the Boston Post Road between Oxford Academy and the Post Office. The project has begun with the clearing of brush and vines and when completed, will provide not only a beautiful vista for walkers but also a wonderful environment for our native pollinators. The project is also educational as we all are learning about the process of creating and maintaining a meadow.

The club maintains the 22 window boxes and 12 planters around town and I'm sure we can agree that they make our town look beautiful! Westbrook Garden Club meets on the third Monday of the month at 1:30 pm in the community room of the Westbrook Public Library and we often host fascinating speakers. There programs are free and open to the public. Please feel free to join us. To find out more about us, visit us on Facebook under Westbrook Garden Club of CT.



Garden Club Anniversary Quilt



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Estuary Council Regional Senior Center

220 Main Street, Old Saybrook (860) 388-1611

The Estuary Council of Seniors, Inc. is a community center for the region's residents over 50 years old providing meals, transportation, health services, educational classes, exercise programs, and socialization activities. We have been promoting healthy and active lifestyles through quality programs and services in the nine-town Estuary region for over 40 years. Please visit us at www.ecsenior.org for additional information or call us at 860.388.1611.

ESTUARY BINGO IS BACK: Thursdays at 6:30 pm. Admission, including game package, is \$12 per player. Cash prizes with a progressive jackpot maximum payout of \$1,000 (increases \$100 each week). Snacks will be sold along with water, soda & hot dogs.

CAFÉ LUNCHES: Call 860-388-1611 x216 to reserve by 11 am the day before. Lunch is served at noon on Thursdays at the Clinton Hall Annex; please join us! Meals supported by Senior Resources with Title III funds available from the Older Americans Act. Lunch is a suggested donation of \$3 for those aged 60+ and costs \$13.93 for anyone under 60.

NEW WEBSITE: We are launching a new website, go to www.ecsenior.org to see the changes and all that we offer at the center.

ESTUARY GYM IS SILVER SNEAKERS APPROVED! If you are a member of a Silver Sneaker participating health plan in CT, the Silver Sneakers plan will pay for your gym visits. Does NOT apply to fitness classes. Check eligibility easily by contacting the Estuary at 860-388-1611 x202.

THE MARSHVIEW FITNESS CENTER: Stay healthy and strong by working out in our gym. Membership Stop by the office for a tour and learn how to become a gym member.

The Estuary Thrift Shop offers the best bargains on the shoreline! Clothing, furniture housewares, decorations, and jewelry are just a few of the things you will find. Open Saturdays.

Volunteers are always welcome at the Estuary Council Senior Center. Help pack or deliver Meals on Wheels, work in our Thrift Shop, serve on our Board of Directors, and so much more. Please contact Judy at 860-388-1611, x213 for details.

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REMINDER Town Passes

Residents no longer need passes for the Transfer Station and Town Beach. Driver's License, Mail or Tax Bill can be used as identification. Non-Resident Parking Pass can be purchased at the beach daily.

REMINDER Dog Ordinance

Dogs shall be permitted on any beach only between October 1 – April 30, provided they shall be properly leashed or on proper restraint.
Please pick up after your dog.

Miss Mulvey



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Friends of Westbrook Barrier Islands

We are group dedicated to the preservation of the 3 barrier islands off the coast of Westbrook as nesting areas for native birds.

Through education we aim to help residents and guests who enjoy Long Island Sound aware of the delicate nature of these unique environments.

We are always looking to train new volunteers to assist with this worthwhile project. There are many ways you can help.



Introduce Guests at Water's Edge to Westbrook's three Barrier Islands

Starting 5/26th, every Saturday from 9:30-10, you welcome the new guests and tell them about the three Barrier Islands. You will briefly describe their importance for shore bird nesting, the birds on each one, who owns the islands, their history, which are accessible, and safety.

Island Keeper Boat Patrol of Barrier Islands

Volunteer Island Keeper conducts one or more 2- hour patrols around Duck, Menunketesuck, and Salt Islands to record and report visitors in the closed areas.

Island Keepers on Salt Island

Two Volunteer Island Keepers will wade to Salt Island during a two-hour period starting an hour before the predicted low tide and ending an hour after the predicted low tide (when wading to and from the island is relatively easy and safe for visitors). Island Keepers purpose is to protect habitat of nesting shore birds and promote stewardship of the islands cultural and natural resources by engaging and educating visitors. Volunteers will be educated on the history, safety (tides, poison ivy) and of course the birds and the closed area where they nest.

Shorebird Bird Education

Volunteer for either of the 2, two-hour sessions every Saturday at West Beach doing Bird Education and Island Outreach

If you are interested in joining please come to our meetings held at the Stewart B. McKinney Wildlife Refuge (Maintenance Entrance) on Old Clinton Road.

We meet on the third Wednesday of the month at 6:15 pm. For additional information please email Rachel McNellis, rem1949@hotmail.com.



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